

FHS Code of Conduct

The Goals of our Forest Hill Senior Code of Conduct are:

- To establish and maintain a positive school climate in which learning can take place.
- To help students develop a sense of self-discipline and responsibility.
- To respect the rights of students and staff to work and learn in a safe and respectful environment.
- To promote respect towards all members of the school community.
- To promote good citizenship and a respect for the environment.

*Our code of conduct applies to the classroom, all school activities, lunch time, daycare, extra-curricular activities, school bus transportation and school outings.

Expected school behavior

- ✓ I respect all the members of my school community; all adults in the school, fellow students, bus drivers, guests.
- ✓ I use positive and encouraging language at all times as it reflects respect for others.
- ✓ I resolve conflicts in a peaceful manner.
- ✓ It is my responsibility if I witness an incident of violence or bullying to report it to an adult at school and to my parents..
- ✓ I respect the rights of others to learn.
- ✓ I respect the policy for Internet use.
- ✓ I play safely and show good sportsmanship.
- ✓ I keep my hands and feet to myself.
- ✓ It is my duty to report any damage that I see or witness
- ✓ I take care of my materials and respect others' belongings.
- ✓ I conduct myself appropriately in the washrooms.
- ✓ I conduct myself respectfully in the cafeteria area.
- ✓ I use an indoor voice everywhere in the building
- ✓ I follow school and classroom rules (see further below)

Bullying: refers to any repeated direct or indirect behavior, comment, act or gesture, whether deliberate or not, including in cyberspace, which occurs in a context where there is a power imbalance between the persons concerned and which causes distress and injures, hurts, oppresses, intimidates or ostracizes.

Violence: refers to any intentional demonstration of verbal, written, physical, psychological or sexual force which causes distress and injures, hurts, or oppresses a person by attacking their psychological or physical integrity or well-being, or their rights or property.

Unacceptable school behaviours

- ✓ I do not bully others.
- ✓ I do not use violence.
- ✓ I do not use physical aggression (pushing, shoving, fighting, tripping, kicking, biting, punching, pinching, throwing objects).
- ✓ I do not engage in verbal aggression (insults, put downs, mocking, teasing, swearing).
- ✓ I do not exclude others by gossiping, spreading rumors or isolating them.
- ✓ I will not bully others in cyberspace.
- ✓ I do not use profane language.
- ✓ I do not disrupt the class.
- ✓ I do not talk back disrespectfully to adults in the school or to bus drivers and big wheels helpers on the bus.
- ✓ I do not damage or deface school or other students' property.

*Acts of violence or bullying will be dealt with in accordance to our “**Anti-Bullying and Anti-Violence Plan**”. Parents are encouraged to review this plan which can be found on our school website: www.foresthillsr.lbpsb.qc.ca

School and classroom rules:

By following all school and classroom rules I show respect for myself, for others and for my school environment.

- ✓ I arrive at school on time for class.
- ✓ I come to class prepared with all my materials and my agenda which I use daily.
- ✓ I put my best effort into the work and hand it in on time.
- ✓ I complete my homework.
- ✓ I maintain regular attendance.
- ✓ I line up quickly and quietly when the first bell rings.
- ✓ I walk quietly through the school corridors at all times.
- ✓ I ask an adult permission to go past the playground gates to retrieve objects.
- ✓ I bring all homework materials to daycare
- ✓ I go directly to the bus, daycare or pick-up area at dismissal time
- ✓ I come to school clean and appropriately dressed: no spaghetti straps, backless tops, belly button tops, mini-skirts or short shorts, no underclothing showing and no clothing promoting violence or negative influences. *
- ✓ I wear appropriate foot wear and clothing for physical education classes.
- ✓ I wear indoor shoes at all times in the school.
- ✓ I dismount from my bicycle as soon as I arrive on school grounds. I respect bicycle rules.
- ✓ I respect bus safety rules
- ✓ I remove my hat/cap inside the school.
- ✓ I take care of all school property; books, furniture, equipment and the building.
- ✓ At the end of the day, I leave the area outside my class free of personal articles.
- ✓ I keep the school and school grounds clean, free of litter and protected.
- ✓ I do my part to recycle and compost.
- ✓ I do not bring my toys to school.
- ✓ I do not bring or use in school, electronic devices; cell phones, cameras, I-pods, electronic games, MP3's etc unless these are requested by school staff.



- ✓ I do not chew gum.
- ✓ I do not bring rollerblades, scooters or skateboards to school.
- ✓ I do not wear make-up or tattoos.
- ✓ I do not share food with my peers.

** The Forest Hill staff and administration reserve the right to lend a child a t-shirt to wear over clothing deemed inappropriate or offensive.*

Expectations and consequences:

I am expected to abide by the school's Code of Conduct. I will be held accountable for my actions and will assume the consequences of my behavior.

The administration will impose consequences that will reflect the severity and/or the repetitive nature of the behavior. It is to be noted that our long term goal is to educate our students to become respectful children able to make appropriate choices. The safety of all students is always our primary goal.

Disciplinary sanctions may include

- ❖ Immediate discussion with intervening staff member and/or homeroom teacher
- ❖ Recess/lunch recess reflection
- ❖ Lunch or after school detention
- ❖ Phone call/written communication with parents/guardians
- ❖ Behavior report from the office
- ❖ Meeting with parents
- ❖ Short-term assignment to another classroom for independent school work
- ❖ Community service in and/or around the school
- ❖ Loss of privileges (can include extra-curricular activities, school events, field trips, grad events)
- ❖ Loss of bus privileges
- ❖ Meeting with the principal
- ❖ In-school suspension
- ❖ Home suspension with a required principal/parent meeting before the student is able to return to school
- ❖ Plan for the reintegration of a student
- ❖ Temporary increased supervision of student

Student's Contract:

I am capable of assuming responsibility for my words and my actions. I understand and accept the Code of Conduct of Forest Hill Senior School as well as the consequences attached to it.

Student's signature

Parent's signature

Teacher's signature

Date

Bus Safety Rules:

1. Be respectful to the driver and follow the driver's instructions.
2. Remain seated, facing forward at all times.
3. Keep body parts and objects inside the bus, away from windows.
4. Safety on the bus means avoiding horseplay and teasing.
5. Refrain from eating, drinking and littering.
6. Swearing and spitting are prohibited.
7. Speak in a moderate volume without any yelling making excessive noise.
8. Only bring your school bag and lunch box on the bus.
9. Keep the center aisle free of objects or body parts at all times.



*** Bus privileges may be suspended after numerous reports and/or according to the severity of the incidents.

Bicycle Safety Rules

Bicycles only will be accepted.

NO ROLLERBLADES, NO SKATE-BOARDS, NO SCOOTERS !!

All students may ride their bicycles to school.



- **Children are not permitted to arrive earlier than 8:45 a.m.**
- All cyclists **MUST WEAR A HELMET.** Should your child arrive at school without a helmet, he/she will not be permitted to return home on his/her bike. The child will be put on the school bus and the parent will be responsible for coming to pick up the bicycle.
- All bicycles must be locked at all times.
- Bicycles must be “walked” onto school property. Students are not permitted to enter the “Bus Lane” with their bikes. Riders are to disembark their bike at the front of the school and walk on the sidewalk to the back of the school where the bike racks are kept.
- At the end of the school day, students out at their bike before the final bell (3:30) will be permitted to leave before the buses. Should a student come out later, he/she will be held back on school grounds until traffic around the school has decreased.
- Should your child not respect these rules, the privilege of biking may be taken away immediately.

These rules are designed for the safety of YOUR children. With parents driving children to the school, staff arriving, parents on their way to work, and school buses on the road, riding a bicycle to school is NOT like riding around during the holidays.